#### How to Heal Skin-Diseases

A Bultimore doctor suggests this simple, but reliable and inexpensive, home treatment for people suffering eczema, ring-rashes and similar itching, burn-ing skin troubles.

ing skin troubles.

At any reliable druggist's get a jar of resinol ointment and a cake of resinol soap.

These are not at all expensive. With the resinol soap and warm water bathe the affected parts thoroughly, until they are free from crusts and the skin is softened. Dry very gently, spread on a thin layer of the resinol ointment, and cover with a light bandage—if necessary to protect the clothing. This should be done twice a day. Usually the itching and burning stop with the first treatment, and the skin soon becomes clear and healthy again.

Almost any soap will clean the skin and hair. But those who want a soap which not only cleanses but actually helps the complexion and hair are wise to choose resinol soap.

Little Rock, Ark., June 15 .- W. S. Holt, Arkansas member of the Progressive national committee, announced yesterday Charles E. Hughes, the Republican nominee for president.

### URIC ACID SOLVENT

50 Cent Bottle (32 Doses) FREE

Just because you start the day werded and tired, stiff legs and arms and muscles, an aching head, burning and bearing-down pains in the back—worn out before the day begins the back—worn out before the day begins do not think you have to stay in that condition. Be strong, well and vigorous, with no more pains from stiff joints, sore muscles, rheumatic suffering, aching back or kidney disease.

For any form of bladder trouble or weakness, its action is really wonderful. Those sufferers who are in and out of bed half a dozen times a night will appreciate the rest, comfort and strength this treatment gives.

To prove The Williams Treatment conquerations and bear troubles, no matter how chronic or stubborn, if you have never tried The Williams Treatment, we will give one 50e bottle (32 doses) free if you will cut out this notice and send it with your name and address, with 10c to help pay distribution expenses, to located the pay distribution expenses, to located for employers of men above the age of cighteen who had not passed through the training. Persons not complying also would be barred from holding any position under the federal government, and, in the proposed legislation, one month's credit on the six months' compulsory service would be allowed for each year of military work in recognized institutions, with a limit of four months' credit.

The president would be empowered to suspend the organization of any number of regular army units, and to assign their officers to the training camps. This would effect economy, it is argued, by permitting a reduction of the standing army without reducing the force available in case of wer.

A system of penalties would be provided for employers of men above the age of cighteen who had not passed through the training. Persons not complying also would be barred from holding any position under the federal government, and, it is a continued to the provided to the prov

Cart Children.

Net Contents 15 Fluid Drachm

900 Drops

AVEGETABLE Preparation for Assimilating the Rood and Regulating the Stomachs and Bowels of

INFANTS CHILDREN

Promotes Digestion, Cheerfu

ness and Rest Contains with Opium, Morphine nor Mineral

A perfect Remedy for Constitution, Sour Stomach Diarrios.
Worms, Feverishness and
LOSS OF SLBER.

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THE CENTAUR COMPANY.

NEW YORK.

At 6 months old

5 Doses - 35 CENTS

Exact Copy of Wrapper.

NOT NARCOTIC. Bright of Old Dr. SAMUEL MICHAEL

## UNIVERSAL training bill

A New Measure Is to Be Presented to Congress

SIX MONTHS' TRAINING IN 18TH YEAR

Penalty for Employers Who Hamper Plan - All Expenses During Period

Washington, June 15.—Details of a new universal military training and service bill to be presented to Congress soon became known yesterday. It provides that all male citizens shall enlist for six months' military camp training during the calendar year in which they beeighteen years of age and thereafter shall be discharged into the reserves. In time of war these trained men might be called into active service by classes of years, the youngest first.

The bill was drawn by Captain George Van Horn Moseley of the general staff of the army, acting unofficially in behalf of the national defense organizations. It will be proposed as a substitute for the pending Chamberlin universal training bill which provides for short periods of varied training extending over ten years. between the ages of thirteen and twentythree. A vigorous campaign will made for passage of the measure at this session of Congress, it is expected.

Under the proposed legislation, one

**Mothers Know That** 

**Genuine Castoria** 

Use

Thirty Years

Always

Bears the

Signature

#### \*\*\*\*\*\*\*\*\*\*\*\*\*\*\* Stop the Pain

Neuralgia Don't suffer another min-ment on sore, aching face and head. Pain goes quickly.

Rheumatism Is pain only. Don't following the arrival of the noon from the north.

Liniment. Apply as directed—and get quick relief from rheumatic misery.

Back-Ache You can have instant relief if you will only apply a little Minard's Liniment. For 60 years this wonderful, creamy liniment has stopped backache quickly and civen relief in thousands of cases.

Alma George of Williamstown

given relief in thousands of cases. Lumbago You can always be free will use Minard's Liniment. Try it at once and know its remarkable value.

Sore Feet as well as sore, bruised hands, can be healed if Minard's Liniment is used as directed.

Nothing will be more below.

Sprains Nothing will be more help-sprains ful in quickly easing sprains. Rub Minard's Liniment right in. It starts the blood to flow instantly and sprain misery goes.

Wounds Minard's Liniment is a kills germs—cleanses and heals wounds and sores quickly and healthfully.

in case they leave the country to escape service, would be required to ful-

fill the obligation on their return. No pay would be allowed for the training period but the government would pay all expenses. If called into active service, later, the men would receive regular army pay.

#### ROOSEVELT LAID . UP BY STRAIN

Colonel Issues Statement Telling of Old Accident Following Attack of

New York, June 15 .- Reports yesterday that Theodore Roosevelt was serioushas been experiencing coughing spells re- Herbert Graves, Stanley Alplin' Guptil. cently and in a statement late yesterday Maydene Martha Harvey, Bernard James regarding an attack of pain while he was The president would be empowered to at a pier yesterday morning awaiting the Irene Morrill, Leo Francis O'Brien, Liluspend the organization of any number arrival of his son, Kermit, from South lian Elizabeth Park, Franklin Myron

> broke one of my ribs in the left side while riding. The horse fell and threw The ushers are Corinna Somerville, Alice me. The coughing spells which I have smith, Dalton O'Brien and Dustin Coolhad probably strained a ligament. It is ey. The class marshal is Curtis Gough. ridiculous, but painful, so, like King Gog, arch my neck and walk lightly.

The former president left the pier in an automobile with his family. He appeared later in a public dining room with Mrs. Roosevelt and others, and held a political conference there with Raymond Robins, who was chairman of the Progressive national convention, and Harold L. Ickes, Progressive national committee

#### TOPSHAM

Mrs. Jennie Crown of Woodsville, N H., has been spending a few days with her sister, Mrs. Cleveland Hood."

grandmother, Betsey Currier. Mrs. H. B. White, Mrs. J. A.

and son, Harold, attended the graduating exercises at Bradford last Tuesday even H. B. White was in Groton on Monday

D. H. Eastman was in Morrisville and Montpelier last week. The goods of Rev. C. A. Lay arrived last Friday, and they are now occupying

the parsonage. Communion service at the U. P. church next Sunday. Preparatory service on

Rev. J. C. Wright will hold services at present. Preaching next Sunday at 1:30

Several from this place attended the graduation exercises at Montpelier sem nary last week.

Misses Ethel Sawyer and Hazel McLam were graduates from the business course at Montpelier seminary, and we are pleased to mention that Miss Beatrice Miles, who is a student there, was awarded second honor at the prize speaking contest on Tuesday evening

Mr. and Mrs. Elmer J. Mills and Mrs. Lang of Westville were at J. C. Lang's

into the Mrs. G. L. Buchanan house,

#### EAST CABOT

Henry Smith did not go back to his work at Danville Monday on account of

Mr. and Mrs. Orlando Heath of Cabot vere recent guests of friends here. Mr. and Mrs. George Morehouse and children of Montpelier were guests at Harry Young's Monday.

Dr. H. C. Stetson of St. Johnsbury was in this place Monday on professional Henry Roy of West Barnet was at

Ralph White's and Harry Young's the first of the week Mr. and Mrs. R. A. Halcrow of Peacham spent Tuesday at Robert Barr's. Harry Young had a mare give birth to twin colts Sunday. One was dead at birth; the other lived only a few hours. Charles Lavanway and wife of East

Montpeller were recent guests at Wil Ham Kelley's.

Mr. and Mrs. John Chandler of Peacham were at Frank Peck's the first of the

Mrs. Jennie Williams of Danville was a visitor at Harry Chandler's a few days this week. Several from here attended the auction sale of the late John Hall property at

South Cabot Tuesday, Mr. and Mrs. Ira Read, Mr. and Mrs. W. I. Abbott and daughter, Hazel, and Miss Marion Morse went to Hardwick Wednesday to attend the class day ex-ercises at the academy. Miss Inez Ab-

bott is one of the graduates. Master Frank Corey of East Montpe Her has come to live with his grandpar-ents, Mr. and Mrs. William Kelley. Mrs. Flora Miles and Mrs. Helen Wilon of Peacham were recent visitors at

#### WATERBURY

Mrs. W. H. Sleeper, who has been ill ith the grip, is much improved.

A. G. Stevens of Bolton was in town yesterday, making arrangements for the burial of his mother, Mrs. Delana Stevens, in the cemetery at Duxbury Corners, following the arrival of the noon train

Mr. and Mrs. Henry Lurk and daughter of West Lebanon were recent guests

Mr. and Mrs. Henry Bridger of Norwich, Conn., Mrs. George Adams of Barre, Mrs. Minnie Richardson of Middlesex and Mrs. Alma George of Williamstown made up an automobile party who called on friends at the Center last week.

The graduating exercises of the gram-mar school will be held in the Congrega-tional church this evening. The program is strictly a Vermont program and is as follows: March; invocation, Rev. V. L. Smith; song, "We'll Sing for Old Ver-mont," class, words composed by Lloyd E. Squier; essay, "Early History of Vermont," Walter E. Edwards; recitation, "The Two Church Builders," John G. Saxe, Helen L. Canerdy; recitation, "Lake Champlain," Lula M. Woodard; song, "That's Where Verment Comes In." girls' chorus; recitation, "The Merchant," Saxe, Mary L. Carroll; essay, "Industries of Vermont," Albert S. Anderson; recita-

tion, "No Vermonters in Heaven," Hazel Morrill; recitation, "The Parson's Daughter," Julia C. R. Dorr, Lillian E. Park; song, "Three Cheers for Old Verclass; recitation, "The Reason Why," Lou Boyce Hayden, Lucy E. Talbert; essay, "Famous Men and Women of Vermont," Leo F. O'Brien; recitation, The Legend of the Organ Builder," Julia C. R. Dorr, Bernice E. Graves; song, "Vernont," Helen M. Winslow, class; presentation of diplomas; benediction, Rev. William L. Boicourt. The members of the class are Hazel Katherine Arkeley Albert Solomon Anderson, Paul Davis Backus, Helen Louise Canerdy, Mary Louise Carroll, Angie Emma Child, William Billings Deal, Thomas Joseph De vine, Charles William Edwards, Walter Emerson Edwards, Raymond Francis Gallagher, Lena Mary Germino, Phobe May ly ill apparently proved unfounded. He Goodheart, Bernice Elena Graves, Don Keefe, Chester Gilman Moedy, Hazel America, the colonel explained that this coughing probably had strained a ligation.

Canning Rogers, Lloyd Ellsworth Squier, Lucy Ella Talbert, Lula Marie Wood-"One year ago," the colonel said, "I ward. The class colors are green and rose; the motto, "Forward and Upward."

#### ROXBURY

Mr. Bixby of East Barre was in town Tuesday.

Mrs. George Bacon left Monday for Conticook, Que., where she will visit her ister, Mrs. W. A. Martin.

Miss Ellis is visiting Mrs. Abbie Ford or a few days before going to her work in Northfield.

Stanley Lose was called to Barre last week by the death of his brother.

About 16 persons were present at the er sister, Mrs. Cleveland Hood. miscellaneous shower given Miss Eva Mr. and Mrs. Ralph Foster of Groton Wiley at the home of Mrs. E. P. Orvisited relatives in town Saturday and cutt last Saturday afternoon. pretty and useful gifts were left for her Miss Ivilou McKay of West Topsham and an autograph quilt was started for is spending a few days here with her her at the party. Ice cream and cake were served.

Guy Howe, who is clerking for G. A. Tilden and son, has moved his family to the A. L. Wheeler house,



Oriental Cream

#### MANY IN BARRE TRY SIMPLE MIXTURE

Many Barre people are surprised at Elizabeth Thompson took an auto trip the QUICK action of simple buckthorn to Woodsville, N. H., and Bradford last bark, glycerine, etc., as mixed in Adler-Thursday with George Hall. Thursday with George Hall.

Mrs. Stephen Welch and Miss Minnie upper and lower bowel, removing such upper and lower bowel, removing such surprising foul matter that ONE SPOON-FUL relieves almost ANY CASE consti-The many friends here of Mrs. Fred pation, sour stomach or gas. A few White will be sorry to learn of her se-doses often relieve or prevent appendi-White will be sorry to learn of her se-rious illness at her home in Fullerton, citis. A short treatment helps chronic stomach trouble. The INSTANT, easy Mr. and Mrs. Ray Wilson have moved action of Adler-i-ka is astonishing. Cummings & Lewis, druggists, 54 North Main

The Knights of Pythias held their memorial service at the West Topsham

WEST TOPSHAM.

lodge, gave the sermon, which was en-joyed by all present. After the services Miss Ivilou M the company marched to the cemetery in last week in Montpelier, attending com thurch Sunday, June 11. Rev. I. A. a body, where services were held at the mencement.

The Trap which Sani-Flushreaches, cleans, keeps clean.

When You Use Sani-Flush

you make sure of an odorless, sanitary toilet bowl

that Sani-Flush makes clean and keeps clean-

even down to the hidden trap that nothing else can

reach and clean. And you make the task easy-

free from disagreeable features, because there's no

need for scrubbing and dipping. Just sprinkle a little

Sani-Flush

into the bowl every few days. Sani-Flush is patented-

nothing like it. Use it for this purpose only-not a general

25 Cents a Can

All women in this city and vicinity who have used Sani-

Flush have found that it rids toilet bowls of the stain

made by the local water. The principal local dealers

sell it. If your dealer hasn't it, ask him to get it for you.

Sani-Flush should be used wherever there are toilets

in Residences, Business Offices, Hotels, Stores,

Factories, etc. Does not injure plumbing connections.

THE HYGIENIC

PRODUCTS COMPANY

Canton, Ohio

Ranney of Barnard, a member of the grave of W. C. Chalmers, who died sev Miss Ivilou McKay spent several days

# Ice Cream That Is Pure



Refreshing, Delicious and Healthful that is the kind you get here.

Ice Cream and Ice Cold Drinks

You don't know how good they are until you try one at our

ICE CREAMS-Vanilla-Strawberry-Caramel

#### SUNDAES-

Chocolate, Fresh Strawberries, Coffee, Maple Walnut, Marshmallow Cream, Cherries, Pecan, Delicious Milk Chocolate, Cocoanut Fudge, Caramel and many other delicious combinations.



#### DRINKS-

Grape Juice, Grape Juice Hi-Ball, Ginger Ale, Moxie, Sarsaparilla, Old-fashioned Root Beer, Cream Cordial, Strawberry, Pineapple, Lemon, Orange, Milk Shakes, Sodas and many other delicious combinations that we alone know how to prepare.



TRY A HAWAII SUNDAE-it's awful good. This is a brand new Sundae—a mixture of Ice Creams, with a dressing made especially for this delicious dish.

You can't afford to wait, we can't afford to have you-that is why we are always waiting to serve you. When you think of Ice Cream think of

Cummings & Lewis, Druggists

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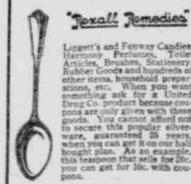
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